

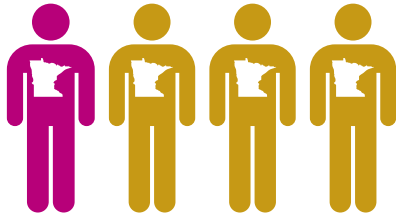


# MINNESOTA

## Obesity Fact Sheet

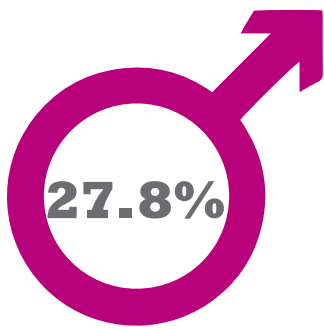
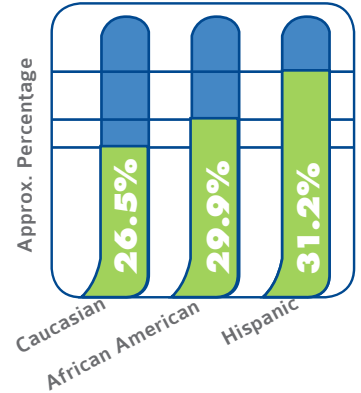
### ADULT OBESITY FACTS:

Obesity affects more than 26.1% of Minnesotans.

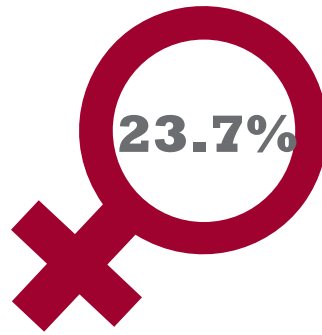


Minnesota is ranked 39/51 in states impacted by obesity.

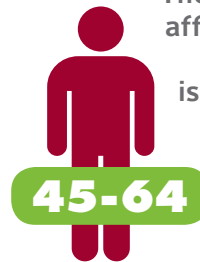
Minnesotans Affected by Obesity by Race



More than 27.8% of male Minnesotans are affected by obesity.



More than 23.7% of female Minnesotans are affected by obesity.



The age group most affected by obesity in Minnesota is 45-64 (30.9%).

# 48<sup>th</sup>

Minnesota ranks 48<sup>th</sup> in adults with Type 2 Diabetes (7.6%).

### STATE COST OF OBESITY:

The total cost of obesity in Minnesota

# \$30.80 BILLION

The cost of obesity for Medicare in Minnesota

# \$7.22 BILLION

The cost of employment for the population with obesity is

# \$16.72 BILLION

more than the normal weight population.

### NATIONAL COST OF OBESITY:

# \$427.8 BILLION

Estimated cost of annual obesity-related healthcare

# \$1.42 TRILLION

The total cost of obesity

# \$988.8 BILLION

The total indirect cost of obesity

#### Sources:

- Centers for Disease Control
- Obesity Action Coalition
- Trust for America's Health
- Weighing Down America - Milken Institute



**OBESITY CARE**  
ADVOCACY NETWORK

#### MISSION:

The mission of the Obesity Care Advocacy Network (OCAN) is to unite and align key obesity stakeholders and the larger obesity community around key obesity-related education, policy and legislative efforts in order to elevate obesity on the national agenda.

Learn more at [www.ObesityCareAdvocacyNetwork.com](http://www.ObesityCareAdvocacyNetwork.com) today!