



# NEBRASKA

## Obesity Fact Sheet

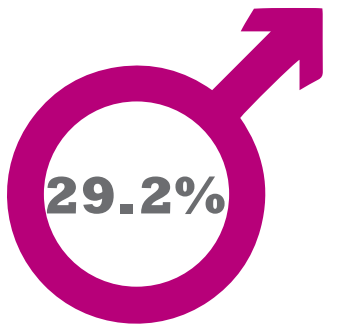
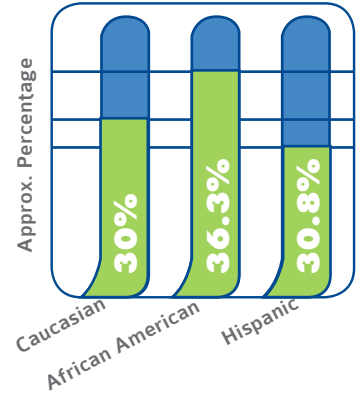
### ADULT OBESITY FACTS:

Obesity affects more than 31.4% of Nebraskans.



Nebraska is ranked 14/51 in states impacted by obesity.

Nebraskans Affected by Obesity by Race

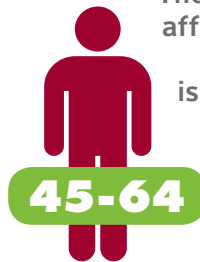


More than 29.2% of male Nebraskans are affected by obesity.



More than 28.1% of female Nebraskans are affected by obesity.

The age group most affected by obesity in Nebraska is 45-64 (37.4%).



**36<sup>th</sup>** Nebraska ranks 36<sup>th</sup> in adults with Type 2 Diabetes (8.8%).

### STATE COST OF OBESITY:

The total cost of obesity in Nebraska

**\$9.67 BILLION**

The cost of obesity for Medicare in Nebraska

**\$1.63 BILLION**

The cost of employment for the population with obesity is

**\$4.78 BILLION**  
more than the normal weight population.

### NATIONAL COST OF OBESITY:

**\$427.8 BILLION**

Estimated cost of annual obesity-related healthcare

**\$1.42 TRILLION**

The total cost of obesity

**\$988.8 BILLION**

The total indirect cost of obesity

#### Sources:

- Centers for Disease Control
- Obesity Action Coalition
- Trust for America's Health
- Weighing Down America - Milken Institute



**OBESITY CARE**  
ADVOCACY NETWORK

#### MISSION:

The mission of the Obesity Care Advocacy Network (OCAN) is to unite and align key obesity stakeholders and the larger obesity community around key obesity-related education, policy and legislative efforts in order to elevate obesity on the national agenda.

Learn more at [www.ObesityCareAdvocacyNetwork.com](http://www.ObesityCareAdvocacyNetwork.com) today!