

# NEW HAMPSHIRE

## Obesity Fact Sheet



### ADULT OBESITY FACTS:

Obesity affects more than 26.3% of New Hampshireites.

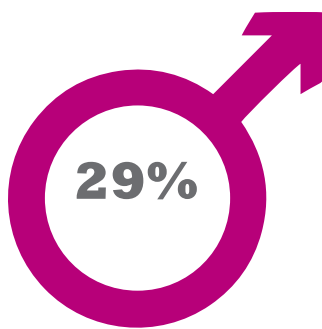
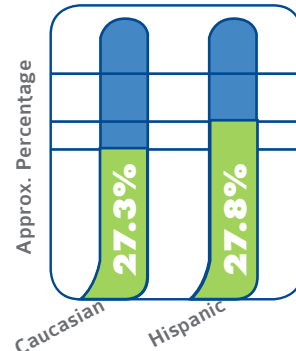


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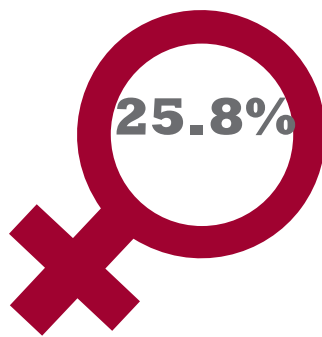


New Hampshire is ranked 38/51 in states impacted by obesity.

New Hampshireites Affected by Obesity by Race



More than 29% of male New Hampshireites are affected by obesity.



More than 25.8% of female New Hampshireites are affected by obesity.



The age group most affected by obesity in New Hampshire is 45-64 (28.9%).

45<sup>th</sup> New Hampshire ranks 45<sup>th</sup> in adults with Type 2 Diabetes (8.1%).

### STATE COST OF OBESITY:

The total cost of obesity in New Hampshire

**\$6.46 BILLION**

The cost of obesity for Medicare in New Hampshire

**\$1.91 BILLION**

The cost of employment for the population with obesity is

**\$1.84 BILLION**

more than the normal weight population.

### NATIONAL COST OF OBESITY:

**\$427.8 BILLION**

Estimated cost of annual obesity-related healthcare

**\$1.42 TRILLION**

The total cost of obesity

**\$988.8 BILLION**

The total indirect cost of obesity

#### Sources:

- Centers for Disease Control
- Obesity Action Coalition
- Trust for America's Health
- Weighing Down America - Milken Institute



**OBESITY CARE**  
ADVOCACY NETWORK

#### MISSION:

The mission of the Obesity Care Advocacy Network (OCAN) is to unite and align key obesity stakeholders and the larger obesity community around key obesity-related education, policy and legislative efforts in order to elevate obesity on the national agenda.

Learn more at [www.ObesityCareAdvocacyNetwork.com](http://www.ObesityCareAdvocacyNetwork.com) today!