



# NEBRASKA

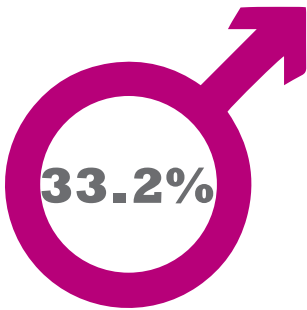
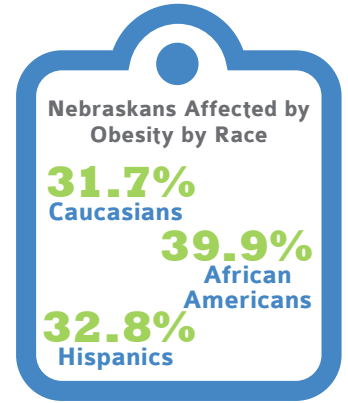
## Obesity Fact Sheet

### ADULT OBESITY FACTS:

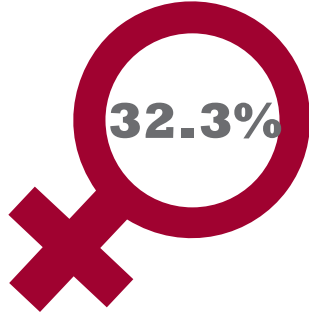
Obesity affects more than 32.8% of Nebraskans.



Nebraska is ranked 15/51 in states impacted by obesity.



More than 33.2% of male Nebraskans are affected by obesity.



More than 32.3% of female Nebraskans are affected by obesity.



The age group most affected by obesity in Nebraska is 45-64 (39.1%).

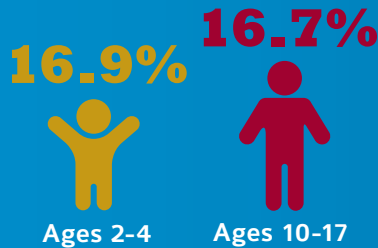
**33<sup>rd</sup>** Nebraska ranks 33<sup>rd</sup> in adults with Type 2 Diabetes (10.1%).

### CHILDREN AFFECTED BY OBESITY IN NEBRASKA:



Nebraska **IS NOT** one of 15 states that receives CDC grant funds for training to help with obesity prevention in Early Childhood Education settings.

#### CHILDREN AFFECTED BY OBESITY



### COST OF OBESITY IN NEBRASKA:

The total cost of obesity in Nebraska **\$9.67 BILLION**

The cost of obesity for Medicare in Nebraska **\$1.63 BILLION**

The cost of employment for the population with obesity is **\$4.78 BILLION** more than the normal weight population.

### NATIONAL COST OF OBESITY:

**\$1.72 TRILLION**  
The total cost of obesity



Healthcare costs for individuals affected by obesity is **42% HIGHER**

**\$1.24 TRILLION**  
The total indirect cost of obesity

**\$480 BILLION**  
The total direct healthcare cost of obesity

**\$2.9 BILLION**  
The direct costs of childhood obesity

For people living with obesity, **28.2%** of their annual healthcare costs are spent treating obesity-related conditions.

#### Sources:

- Centers for Disease Control
- Clinical Chemistry
- Milken Institute
- Obesity Action Coalition
- Trust for America's Health



**OBESITY CARE**  
ADVOCACY NETWORK

#### MISSION:

The mission of the Obesity Care Advocacy Network (OCAN) is to unite and align key obesity stakeholders and the larger obesity community around key obesity-related education, policy and legislative efforts in order to elevate obesity on the national agenda.

Learn more at [www.ObesityCareAdvocacyNetwork.com](http://www.ObesityCareAdvocacyNetwork.com) today!