

# WASHINGTON

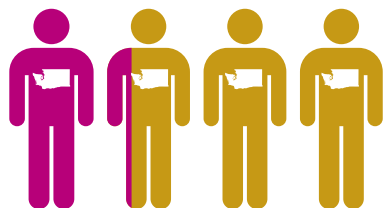


## Obesity Fact Sheet

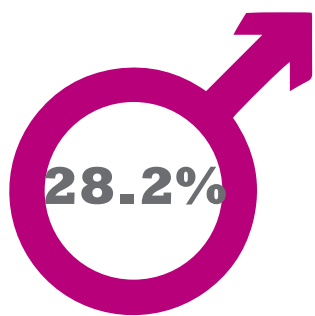
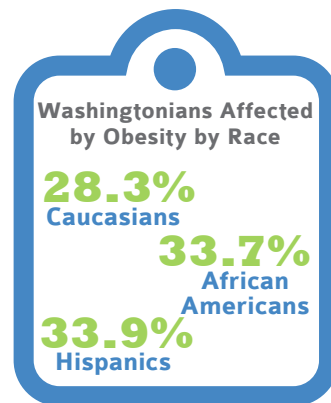


### ADULT OBESITY FACTS:

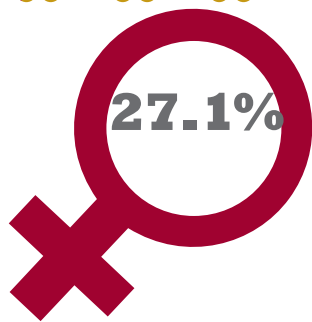
Obesity affects more than 27.7% of Washingtonians.



Washington is ranked 39/51 in states impacted by obesity.



More than 28.2% of male Washingtonians are affected by obesity.



More than 27.1% of female Washingtonians are affected by obesity.



The age group most affected by obesity in Washington is 45-64 (31.3%).

# 38<sup>th</sup>

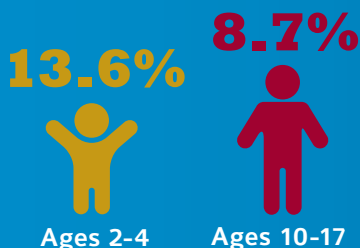
Washington ranks 38<sup>th</sup> in adults with Type 2 Diabetes (9.1%).

### CHILDREN AFFECTED BY OBESITY IN WASHINGTON:



Washington **IS NOT** one of 15 states that receives CDC grant funds for training to help with obesity prevention in Early Childhood Education settings.

#### CHILDREN AFFECTED BY OBESITY



### COST OF OBESITY IN WASHINGTON:

The total cost of obesity in Washington

## \$45.87 BILLION

The cost of obesity for Medicare in Washington

## \$10.11 BILLION

The cost of employment for the population with obesity is

## \$29.57 BILLION

more than the normal weight population.

### NATIONAL COST OF OBESITY:

## \$1.72 TRILLION

The total cost of obesity



Healthcare costs for individuals affected by obesity is

## 42% HIGHER

## \$1.24 TRILLION

The total indirect cost of obesity

## \$480 BILLION

The total direct healthcare cost of obesity

## \$2.9 BILLION

The direct costs of childhood obesity

For people living with obesity, **28.2%** of their annual healthcare costs are spent treating obesity-related conditions.

#### Sources:

- Centers for Disease Control
- Clinical Chemistry
- Milken Institute
- Obesity Action Coalition
- Trust for America's Health



### OBESITY CARE ADVOCACY NETWORK

#### MISSION:

The mission of the Obesity Care Advocacy Network (OCAN) is to unite and align key obesity stakeholders and the larger obesity community around key obesity-related education, policy and legislative efforts in order to elevate obesity on the national agenda.

Learn more at [www.ObesityCareAdvocacyNetwork.com](http://www.ObesityCareAdvocacyNetwork.com) today!